

GET YOUR HOUSE IN ORDER

The pandemic has had a profound impact on every aspect of our lives. Personal stories of families unable to be with loved ones in the hospital while suffering from Covid-19 were heartbreaking. Not being able to say goodbye was devastating and compounded the feeling of grief. Many were not prepared emotionally or financially, leaving loved ones to sort out final wishes. This infographic is intended to be a quick guide to assist families in advance to prepare for loss and provide clarity during difficult times. Get Your House in Order and provide your family the gift of clarity.

EASE THE BURDEN

- You can ease the burden and decrease stress by making a plan and sharing it with your family, this will take the guesswork out of what decisions they should make.

In the event of a life threatening illness or accident, your family should know your wishes so that they can respect your decisions.

Next →

PLAN AHEAD

- Planning your own funeral means that the ceremony and burial will go according to YOUR WISHES. You can dictate the size of your headstone and its inscription, the location of your interment, and everything else — meaning you get to tell your life story your way.

Next →

HAVE IT YOUR WAY

- Plan what happens to your money, possessions and property after you die.
- DID YOU KNOW?** All these things together are called your estate. If you don't leave a will, the law decides how your estate is passed on. (Work with an attorney that specializes in Wills and Estate Planning in the State which you reside)

Estate Planning ↓

Estate Planning Documents (You should have)

Advance health directive

Life threatening illness or accident are difficult subjects to deal with. If you plan now, your choices will be respected. Handling what type of health care you would like to receive helps loved ones in having to guess or make decisions in a frantic moment.

Start a Conversation

Planning your final days is not easy, but it's one of the best gifts you can give a loved one: Give some thought on how you want your family to discuss medical care, end of life planning and funeral arrangements.

Revocable living trust

The revocable living trust is an incredibly powerful document that keeps you in control of all your finances as long as you want. You can make many changes to your trust as often as you want. When you become unable to manage your finances, the appointed person will be able to take over and be able to make financial decisions and being able to handle your financial accounts.

ASK YOURSELF WHAT MATTERS MOST BY ANSWERING THESE QUESTIONS:

- Who should be part of the discussion?
- When would be a good time to talk?
- What do you want to say?
- Whom do you want to make decisions on your behalf?



Will

Make a decision whom you want to inherit your valuables. Creating a will makes it easier for your family or friends to sort everything out when you pass on. If you choose an executor when you create a will, you also get the option to have that person uphold your wishes.

A FEW THINGS TO CONSIDER

- Make decisions about your medical care.
- Decide when to say yes or no to proposed treatment.
- Appoint a trusted person to make decisions on your behalf.
- The person you name as your power of attorney needs to clearly understand your wishes and be willing to accept the responsibility of making medical decisions.
- Decide where your belongings are distributed according to your wishes.
- Without a will the state statutes will decide which family members will receive your assets.
- Decide how you want your funeral and appoint an executor.

COVID-19 PANDEMIC

Anticipatory Care Plan

If you happen to become ill, medical decisions might need to be taken. It is a good idea to create a plan ahead of time should serious situations arise. Planning ahead can mean the result of better outcomes for you.

ASK YOURSELF THESE QUESTIONS TO HELP CREATE YOUR ANTICIPATORY CARE PLAN

- If you became seriously ill due to COVID-19, how would you like to be cared for?
- If you became seriously ill due to COVID-19, and thought you might pass on would you want your healthcare team to attempt continuation of life?
- Do you want to go to a hospital for better treatments (e.g. being put on a ventilator)? Or would you prefer to be cared for at home?
- Appoint a trusted person who will have access to all of your online accounts such as, banking, shopping, subscriptions, bill payments social media etc.

Ask a healthcare professional:

- What treatments are likely to help me if I get seriously ill with Covid-19?
- What are the pros and cons of going to hospital with Covid-19?
- What will happen if I get seriously ill at home?
 - If I don't go to hospital what care will I get at home?

Need Assistance?

Help Getting Your Affairs in Order Contact AARP (1-888-687-2277)
 Funeral Assistance COVID-19 Funeral Assistance 844-684-6333
 Help With Distress or Grief Disaster Distress Helpline Call 1-800-985-5990
 (NAMI)* Helpline: 1-800-950-NAMI (1-800-950-6264)

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